



# **New Girl's Lacrosse Program**

The Vernon Lacrosse Association is currently accepting online registrations for a new girl's lacrosse program @ [vernonlacrosse.org](http://vernonlacrosse.org). The program will begin play in the spring of 2012 and is open to girls in grades K - 6. The emphasis will be on teaching the basic fundamentals of throwing, catching, cradling, scooping and game concepts. Girls will have an opportunity to learn in a positive environment and have fun with the game of lacrosse.

Girls play to a different set of non-contact rules than boys, with limited equipment needs. The required equipment consists of a lacrosse stick, mouth-guard and goggles. Cleats are recommended but not required. Players in grades K-2 will be supplied a stick and goggles to use for the season as part of their registration. Vernon Lacrosse will have rental packages available for players in grades 3-6 that consist of a stick and goggles.

**For More Information:  
[vernonlacrosse.org](http://vernonlacrosse.org)**

**Email: [vernonlacrosse@gmail.com](mailto:vernonlacrosse@gmail.com) or call Jim Peters @ 860-966-7589**